

PRASAD V POTLURI SIDDHARTHA INSTITUTE OF TECHNOLOGY
KANURU, VIJAYAWADA
DEPARTMENT OF FRESHMAN ENGINEERING
CIRCULAR

Date: 15. 10. 25

A one-day seminar on “Journey to Self-Realization through Sushumna Kriya Yoga” is being organized for all I B. Tech. students as part of the **WINGS Talk Series - 4**. This session aims to help students explore the inner dimensions of self-awareness, balance, and mindfulness through the ancient practice of Sushumna Kriya Yoga, guiding them toward peace, clarity, and holistic growth. All I B. Tech. students are informed to attend the seminar and make the best use of this opportunity for self-realization and inner transformation.

Topic: “Journey to Self-Realization through Sushumna Kriya Yoga”

Resource Person: Mrs. Sireesha Rudraraju, Trainer, Sushumna Kriya Yoga

Date: 18. 10. 25

Venue: Auditorium

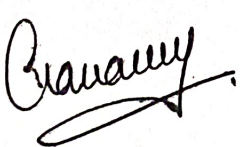
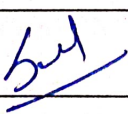
Time: 10:00 AM


(Dr.M.SriLakshmi)

Head
Freshman Engineering Department
PVP Siddhartha Institute of Technology
Kanuru, VIJAYAWADA-520 007.

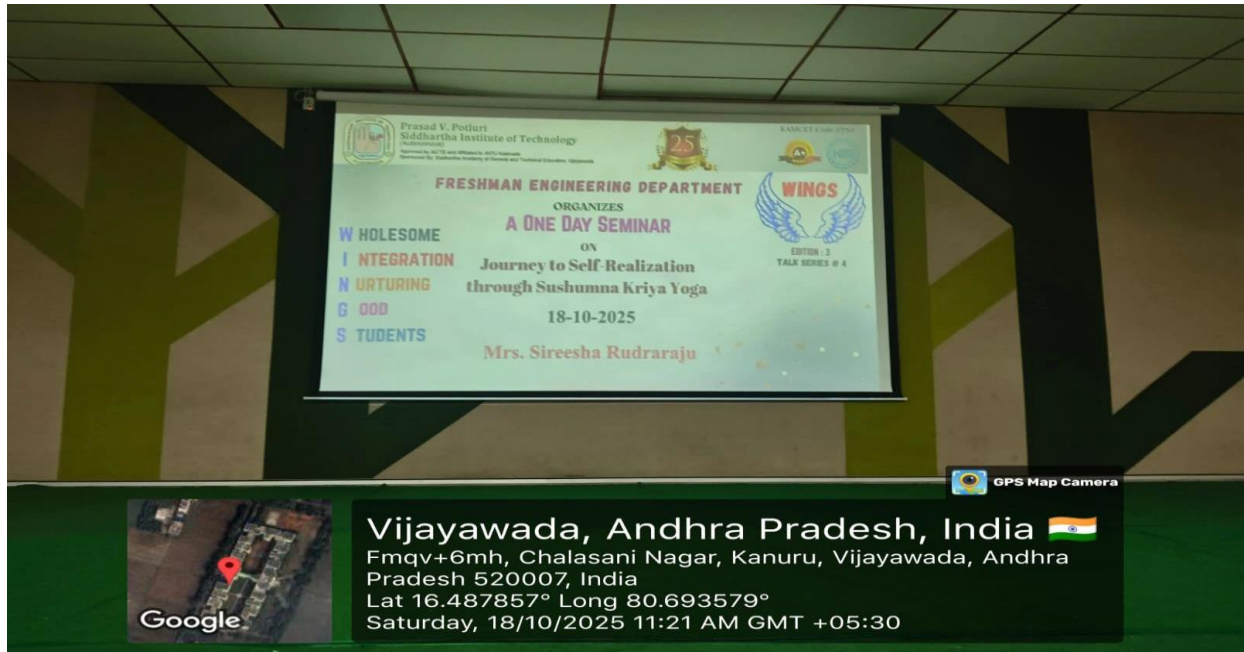
PVP SIDDHARTHA INSTITUTE OF TECHNOLOGY
DEPARTMENT OF FRESHMAN ENGINEERING
SUMMARY REPORT ON EVENT ORGANIZED

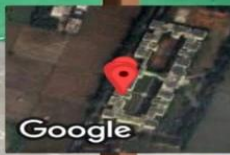
ACADEMIC YEAR : 2025-2026

Date of Event organized & Time	18- 10 - 2025 (11.00 A. M.)
Name of the Program	WINGS (Talk series-4)
Title of the Program	A One-day Seminar on Journey to Self-Realization through Sushumna Kriya Yoga
Resource person	Mrs. Sireesha Rudraraju
Brief Report on the Event	A one-day seminar on "<i>Journey to Self-Realization through Sushumna Kriya Yoga</i>" was organized on 18th October 2025 as part of the WINGS Talk Series 4. Mrs. Sirisha Rudramaraju, an experienced practitioner of Sushumna Kriya Yoga, guided the session. The objective of the seminar was to help students explore the inner dimensions of self-awareness, balance, and mindfulness through the ancient practice of Sushumna Kriya Yoga. The speaker enlightened the students about the importance of self-realization, peace, and holistic growth in their personal and academic lives. The session guided students toward achieving inner transformation and mental clarity.
/Semester	I YEAR / I SEM
f the participants	All I B. Tech. students.
olidated Feedback	Good
stions if any	---
of the Co-ordinators	Dr. P. Lakshmi Lavanya, Asst. Prof., FED Dr. M. Silpa, Asst. Prof., FED
re of the Co-ordinators	 
of the HOD	

Head

Freshman Engineering Department
PVP Siddhartha Institute of Technology
Kanuru, VIJAYAWADA-520 007.





Vijayawada, Andhra Pradesh, India 

Pvpsit Canteen, Road No. 3, Chalasani Nagar, Kanuru,

Vijayawada, Andhra Pradesh 520007, India

Lat 16.487658° Long 80.693379°

Saturday, 18/10/2025 11:45 AM GMT +05:30

 GPS Map Camera

